

Quantum Energy Infusion

Module 2: Engage Your Emotions

Trapped Emotions

Emotions are Energy in Motion.

Understanding that everything is energy, we can describe emotions as Energy in Motion. Anyone that has experienced a BIG emotion remembers what it feels like to have it coursing through their body. In fact, it's possible that every time you think of that emotion, the same energy goes coursing through your body again. OR you have a memory of what it felt like to have it course through your body activating your neurological, chemical, and biological systems.

Sometimes we get to meet an emotion as it happens and process it effectively in the moments it is occurring in our body. If we can feel it, acknowledge it, let it rush through us, and OUT of us, we have effectively processed that experience. It is possible to have a memory of an event/interaction/happening without a strong emotional charge associated with it.

Sometimes we experience an emotion and do not have the benefit of processing it in the moment. Sometimes that emotion gets stopped in its tracks and stuck in your body. All of a sudden, that energy in motion moved into your body and got trapped. Usually, the emotion is stored with a time stamp on it and a strong feeling that is stuck to the energy.

Trapped emotions are a vibrating balls of energy stuck in your body in some very unlikely places. In addition, most of them are stored in your subconscious so you don't even consciously remember that they happened. The bad news is that they are in there vibrating at a (low) frequency that attracts other like (low) frequencies. The Law of Attraction is equally effective at attracting any level of frequency. Joy attracts joy. Rejection attracts rejection.

The good news is that we can release them.

The next video shows you an energy technology developed to release trapped emotions.