

Quantum Energy Infusion

Module 2: Engage Your Emotions

Instructions to download The Emotion Code Flow Charts

Dr. Bradley Nelson is the creator of The Emotion Code, a brilliant, simple, powerful method for identifying and releasing trapped emotions. I highly recommend you purchase his book, The Emotion Code, especially the 2019 revised edition. Dr. Nelson has spent his career developing this method and making it available to anyone who has access to the web.

You can access The Emotion Code Charts at his website:

www.TheEmotionCode.com takes you to

<https://discoverhealing.com/the-emotion-code/book/>

Go to the dropdown menu for Emotion Code

Select muscle testing

Fill in your email address to get the beginning information on The Emotion Code

Download the Emotion Code Flow charts.

Save them where you can find them!

Print them off.

Now you have the list of emotions that can be trapped in your body

He also offers the first 2 chapters of his book. They are FULL of information! It will be a good way for your to “test drive” his book.

Now you are ready to watch the second video for Module 2. It is very important that you have these charts to follow along with while you watch the process unfold on the video.

Practice, practice, practice this method to release your trapped emotions. Don't worry - you won't run out of emotions to release!